2026 WOSSAA Cross Country Running Championship
October 29, 2026
Hosted by TVRA Tri County at Strathroy District Collegiate Institute

Convenor: Julia Eastman
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Registration Area will be near the entrance to the running track:
Please check in and make your entry fee payment.
Race results will be posted on the sheds in this area.
Team awards will be presented in this area at the end of the meet.
Coaches are asked to hand in OFSAA supervision forms and fill out Cathy's entry info sheet at registration before the coaches meeting.

WOSSAA Fees: $13 per individual qualifier. Max $65 per divisional team. Calculated WOSSAA fees will be posted for coaches after conference championships.
Please make cheques payable to: Strathroy District Collegiate Institute

Course: Rolling grass. Athletes are encouraged to wear spikes.
It is the athlete's responsibility to walk, and know, their course prior to their race.
Course maps are available at (bit.ly/lynchxc). **No maps** will be available on site - coaches must provide course maps to their athletes.

Schedule of Events:

Time	Event
11:00	Course open
11:30	Coaches meeting
12:00	Novice Boys
12:30	Novice Girls
1:00	Para
1:30	Junior Boys
2:00	Junior Girls
2:45	Senior Boys
3:30	Senior Girls
4:15 (or after completion of SG race)	Team Awards

Starting boxes:
Athletes are asked to assemble in their Conference box.
Individual finishers should organize in order of finishing place.
Teams should have no more than 2 runners on the line.

TVRA Tri County (closest to back soccer fields)	TVRA Central	Huron Perth (closest to track)

Athlete Registration/Bib Numbers:

OFSAA eligibility rules must be adhered to.
All athletes must have competed in their Championship race.
New bib numbers will be provided at WOSSAA.
Bib numbers must be worn on the front of the athlete's jersey and must be clearly visible at all times during the race and through the chute.

Facilities/Parking:
Athletes are encouraged to come dressed to run and PREPARED for the weather.
Port-a-potties will be available near the course. Please tell your athletes that they **SHOULD NOT enter the school**.
Athletes are encouraged to bring their own water and food. There will not be food for purchase on site. The closest restaurants are at least 20 minutes to walk (3-5 minute drive).
Please help us to keep the grounds clean.
Medical personnel will be located near the registration/finishing area, as well as at "Location B" on the map (near the split coming out of the forest).

There is parking for cars in the lots surrounding the arena (north of the high school).
Buses are asked to park at Providence United Reformed Church, just east of the high school, 447 Second St.

Spirit Wear:

Positive Identity will provide spirit wear for this event.